

ACTIVITIES



We offer a wide range of activities for all ages. May require advance booking. Please enquire at Reception or the Activities Centre.

ROCK POOL

Karoo One is famous for our gorgeous fresh water rock pool. Surrounded by steep cliff faces and canyons, it's the perfect spot to sun, tan, picnic and relax.

BIG 5 GAME DRIVES

Aquila Game Reserve is just 10 mins from Karoo One and offers day and sunset game drives for you to see the Big 5 up close.

BICYCLE TRAILS

Explore some of the finest biking tracks the Karoo has to offer. We have 4 marked routes from 3km to 20km and various look out points. You are likely to see game including Springbok, Gemsbok, Zebra & Red Hartebeest. See the trail map at reception. Bring your own bike or rent one at reception.

YOGA

Enjoy Vinyasa Yoga with our qualified instructor. Saturdays 8-9am and other times available on request. Yoga mats available.

QUAD BIKES

Karoo One is a huge farm so why not explore the property on one of our 300HP quad bikes. Fun for the whole family.





TRAIL RUNS

We have marked trails of 3/9/13/20km to explore. See the trail map at reception.

MASSAGE

Relax with an in-room massage by our qualified masseuse. 24 hour notice required.

HIKING TRAILS

Wilderness hiking trails surround the hotel & are a must-see. Enjoy a leisurely stroll to the Rock Pool or a vigorous route up to Fossil Kop. You are likely to see game including springbok, Gemsbok, zebra & red Hartebeest. See the trail map at reception.

ROCK CLIMBING

Our rock climbing offers unparalleled views of the Karoo and is guaranteed to show off the Greater Karoo like you've never seen before. For experienced climbers.

OUTDOOR CINEMA (& POPCORN)

Enjoy our outdoor cinema under the stars. Enquire at reception.

INDOOR GAMES AREA

Escape the sun with our large indoor games area situated opposite the bar. Games include a pool table, futsal and table tennis. Enquire at the bar for family games including Monopoly, Jenga, Backgammon & Chess.

OUTDOOR BOMA

One of the greatest sunset fires you will experience. Opposite the Hugo Restaurant. Just arrive before sunset...

GOLF

The 9-hole Hex Valley Golf Club is located 15 mins away in De Doorns.

ZEN ZONES

Relax at one of our dedicated Zen Zones. Meditate, watch sunset, read or daydream. See farm map for Zen Zone locations.

ARCHERY & PELLET GUN SHOOTING

Test your shooting skills. Let's see how well you can aim. Fun outdoor targets.

SEGWAY RIDES

Segway off-road guided trails to challenge your skills. Up and down hills, twists and bends, sand patches and more.

JUNGLE GYM & FOOTBALL

Relax while your kids enjoy our jungle gym and trampoline. Grab a soccer ball at reception and play 3-a-side soccer with your friends.



Feel the quiet of the Karoo...

**THE
K1
CLUB**

Let your kids explore our farm and have fun doing so! Surrounded by nature, there are endless places to explore and activities for them to do.

Enquire at reception.

